

**BP Ramble - Mathew McKernan**  
**29th October 2010 - 2nd November 2010**

<b>Date</b>	<b>Day</b>	<b>Km Travelled</b>	<b>Meal</b>	<b>Menu</b>	<b>Location</b>
Fri 29/10/2010	1	380km	Breakfast	BYO / At Home	Traralgon (or Stratford) Waypoint: Day 1 Camp Waypoint: Day 1 Camp
			Lunch	Sandwiches/Rolls - Salad/Cold Meat, Cordial	
			Dinner	Lamb Roast with Vegetables & Gravy (Potato, Sweet Potato, Carrot, Tomato, Beans)	
			Dessert	Trifle	
Sat 30/10/2010	2	175km	Breakfast	Bacon & Eggs, Cereal, Toast, Muffins, Hash browns, Tea, Coffee, Juice	Waypoint: Day 1 Camp Waypoint: D2-13 (Bentley Plain Campsite) Waypoint: Day 2 Camp
			Lunch	Hotdogs, Cordial	
			Dinner	BBQ Chicken Tenders, Salads (Green, Potato & Pasta)	
			Dessert	Choc Mint Mousse	
Sun 31/10/2010	3	230km	Breakfast	Cereal, Toast, Muffins, Tea, Coffee, Juice	Waypoint: Day 2 Camp Waypoint: Day 3 Fuel (Jindabyne) Waypoint: Day 3 Camp
			Lunch	Ham/Cheese/Tomato Toasties, Cordial	
			Dinner	Moroccan Beef Casserole & Rice	
			Dessert	Crème Caramel	
Mon 1/11/2010	4	138km	Breakfast	Pancakes, Cereal, Tea, Coffee, Juice	Waypoint: Day 3 Camp Waypoint: Day 4-16 (Charlie Creek Hut) Waypoint: Day 4 Camp
			Lunch	Burritos - Beef, Cordial	
			Dinner	Gnocchi with Napoli Sauce	
			Dessert	Choc Orange Cakes	
Tue 2/11/2010	5	521km	Breakfast	Breakfast Burritos (Bacon & Egg), Cereal, Tea, Coffee, Juice	Waypoint: D4-5 (Mt Pinnibar Lookout) Waypoint: Day 5 Fuel (Benambra)
			Lunch	Bakery in Benambra	
			Dinner	At Home/Road	